# St John



# **Provide advanced resuscitation**

The St John Advanced Resuscitation course is a course designed for experienced first aiders who use specific equipment and often work in higher risk environments. This course develops advanced skills for providing life support and focuses on the use of oxygen delivery systems and in-depth knowledge and skill in the use of Automated External Defibrillators (AED).

This course also covers the skills and knowledge required to use specialised equipment in the provision of resuscitation and oxygen therapy in line with the Australian Resuscitation Council (ARC) guidelines.

# PARTICIPANT COHORT

Participants are drawn from across the Australian community as first aid is considered an important life skill. Most participants are currently employed in workplaces and are seeking to be first aiders in their workplace.

Participants may also be people enrolled in courses where first aid is a prerequisite (e.g., medicine, nursing) or is part of the course requirements (e.g., enrolled nursing, sports).

# PRE-REQUISITE UNIT

Participants are required to undertake or present evidence for HLTAID011 Provide First Aid prior to commencing HLTAID015 Provide advanced resuscitation and oxygen therapy.

# COURSE DURATION

St John offers the following options:

- 1 day face to face workshop: This is full face to face course and participants are required to attend the full day.
- 5 hours (face to face workshops with pre-work): Participants are required to undertake online elearning module prior to attending the face-to-face workshop for practice and assessment.
- Assessment only: The assessment only option will particularly suit participants who regularly apply first aid skills and engage in ongoing learning about first aid.

# CERTIFICATE

On successful completion of this course, you will be issued a statement of attainment in:

- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID015 Provide advanced resuscitation and oxygen therapy

The Safe Work Australia First Aid in the Workplace Model Code of Practice requires employers to ensure that their nominated first aiders attend training on a regular basis to remain current.

The Code of Practice recommends that refresher training in CPR should be carried out annually and first aid qualifications should be renewed every three years.



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#### COURSE OUTLINE

This course covers

- DRSABCD action plan
- Infection control
- Automated External Defibrillation (AED)
- Soft bag resuscitation
- Administration of oxygen
- Oxygen delivery systems
- Oxygen therapy and resuscitation
- Oropharyngeal airway

- Bag valve mask (BVM)
- Legal and other requirements
- Cardiopulmonary resuscitation
- Anatomy and physiology
- Assessment of vital signs
- Levels of consciousness
- Suction equipment
- Maintenance of resuscitation equipment

#### ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc.

You will be required to demonstrate CPR on a manikin on the floor.

#### LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC (at a venue near you)
- CUSTOMISED (on-site consultation)
- ONSITE (at a venue of your choice)
- ONLINE (training delivered online from our e-Learning platform)

# DELIVERY BY ST JOHN'S RTO PARTNERS

St John Ambulance Australia's courses are delivered by way of partnership agreements (e.g. with State or Territory St John Ambulance organisations). Our partners are authorised to deliver training on behalf of St John Ambulance Australia Ltd. (TOID 88041). Contact details for our partner organisations are available from <u>www.stjohn.org.au</u> or call 1300 ST JOHN.

#### PARTICIPANT'S HANDBOOK

Download the *Participant's Handbook* from <u>www.stjohn.org.au</u> for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy information.

We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the Training Office in your area **1300 ST JOHN (1300 785 646)** <u>WWW.STJOHN.ORG.AU</u>



